

Norgesrekorder langbane, individuelt kvinner

Klasse	Øvelse	Tid	Navn	Dato	Konkurransen
Yngre junior	50 carry	00:45,52	Helene Marie Østmoe	05.05.2018	Brita Memorial 2018
	50 carry w/fins	00:33,40	Linnea M. Kletvang	27.04.2014	NM 2014, Kristiansand
	100 tow	01:12,83	Ida Emilie Foss	02.12.2017	Orange Cup 2017
	200 obstacle swim	02:36,45	Helene Marie Østmo	11.09.2018	EM Jr 2018, Limerick
	200 SLS	03:01,25	Helene Marie Østmo	24.06.2018	Orange Cup 2018

Junior	50 carry	00:41,02	Renate Knutsen	08.05.2015	Brita Memorial 2015
	100 carry	01:04,97	Mia Louise Gjermundsen		EM Jr 2012, Jønkjøping
	100 tow	01:04,58	Mia Louise Gjermundsen		EM Jr 2012, Jønkjøping
	100 rescue medley	01:25,23	Ina Kristine Pedersen		EM 2007, Tenerife
	200 obstacle swim	02:17,95	Ina Kristine Pedersen		EM 2007, Tenerife
	200 SLS	02:50,44	Ina Kristine Pedersen		EM 2007, Tenerife

Åpen	50 carry	00:37,57	Renate Knutsen	06.09.2017	EM 2017, Brügge
	100 carry	01:01,73	Mia Louise Gjermundsen	07.05.2016	Brita Memorial 2016
	100 tow	01:04,58	Mia Louise Gjermundsen		EM Jr 2012, Jønkjøping
	100 rescue medley	01:23,18	Renate Knutsen	06.09.2017	EM 2017, Brügge
	200 obstacle swim	02:17,95	Ina Kristine Pedersen		EM 2007, Tenerife
	200 SLS	02:48,44	Mia Louise Gjermundsen	02.04.2016	DM 2016

Masters M30	50 carry				
	100 carry				
	100 tow				
	100 rescue medley				
	200 obstacle swim				
	200 SLS				

Masters M35	50 carry				
	100 carry				
	100 tow				
	100 rescue medley				
	200 obstacle swim				
	200/100 SLS				

Masters M40	50 carry				
	100 carry				
	100 tow				
	100 rescue medley				
	200 obstacle swim				
	200/100 SLS				

Masters M45	50 carry	01:06,25	Mette Lillebo	13.11.2016	Orange Cup 2016
	100 carry				
	100 tow	01:33,90	Mette Lillebo	12.11.2016	Orange Cup 2016
	100 rescue medley				
	200 obstacle swim				
	200/100 SLS				

Masters M50	50 carry				
	100 carry				
	100 tow				
	100 rescue medley				
	200 obstacle swim				
	200/100 SLS				

Norgesrekorder langbane, individuelt herrer

Klasse	Øvelse	Tid	Navn	Dato	Konkurransen
Yngre junior	50 carry	00:36,99	Mats Kamnes	25.09.2015	EM Jr 2015, Torrevieja
	50 carry w/fins	00:31,20	Celestin Alfonso	27.04.2014	NM 2014, Kristiansand
	100 tow	01:04,78	Andreas C. Johnsen	07.09.2013	EM Jr 2013, Riccione
	200 obstacle swim	02:19,63	Mats Kamnes	24.09.2015	EM Jr 2015, Torrevieja
	200/100 SLS				

Junior	50 carry	00:32,65	Gard Øvergaard	17.05.2014	Brita Memorial 2014
	100 carry	00:51,21	Mats Kamnes	12.09.2018	EM Jr 2018, Limerick
	100 tow	00:58,70	Gard Øvergaard	26.04.2014	NM 2014, Kristiansand
	100 rescue medley	01:08,76	Gard Øvergaard	17.05.2014	Brita Memorial 2014
	200 obstacle swim	02:02,78	Mattis Saghaug		EM jr 2008
	200/100 SLS	02:33,82	Gard Øvergaard	16.11.2014	BeNe cup 2014, Eindhoven

Åpen	50 carry	00:30,55	Gard Øvergaard	05.09.2017	EM 2017, Brügge
	100 carry	00:48,78	Gard Øvergaard	05.09.2017	EM 2017, Brügge
	100 tow	00:55,71	Gard Øvergaard	22.11.2018	Rescue 2018, Adelaide
	100 rescue medley	01:02,99	Gard Øvergaard	22.11.2018	Rescue 2018, Adelaide
	200 obstacle swim	02:02,78	Mattis Saghaug		EM jr 2008
	200/100 SLS	02:19,60	Gard Øvergaard	05.05.2018	Brita Memorial 2018

Masters M30	50 carry	00:39,80	Bjørn Harald Olstad		Nordisk, Jönköping, 2008
	100 carry	01:03,37	Bjørn Harald Olstad		Rescue 2008, Berlin
	100 tow				
	100 rescue medley	01:18,92	Bjørn Harald Olstad		Nordisk, Jönköping, 2008
	200 obstacle swim				
	200/100 SLS	02:42,99	Bjørn Harald Olstad		EM 2007, Tenerife

Masters M35	50 carry				
	100 carry	01:03,71	Bjørn Harald Olstad		Rescue 2010, Egypt
	100 tow				
	100 rescue medley				
	200 obstacle swim				
	200/100 SLS				

Masters M40	50 carry	00:39,18	Tarjei Øvergaard	02.04.2016	DM 2016
	100 carry	01:06,48	Tarjei Øvergaard	02.04.2016	DM 2016
	100 tow	01:10,26	Tarjei Øvergaard	15.11.2014	BeNe cup 2014, Eindhoven
	100 rescue medley	01:27,63	Tarjei Øvergaard	16.11.2014	BeNe cup 2014, Eindhoven
	200 obstacle swim	02:39,21	Tarjei Øvergaard	02.04.2016	DM 2016
	200/100 SLS				

Masters M45	50 carry				
	100 carry				
	100 tow				
	100 rescue medley				
	200 obstacle swim				
	200/100 SLS				

Masters M50	50 carry				
	100 carry				
	100 tow				
	100 rescue medley				
	200 obstacle swim				
	200/100 SLS				

Norgesrekorder langbane, lag kvinner

Klasse	Øvelse	Tid	Navn	Dato	Konkurranse
Yngre junior	4x25 manikin relay	02:31,50	Kristin S. Melbye, Celina McGrory, Mailin Andersen, Viktoria Øvretvedt	27.04.2014	NM 2014, Kristiansand
	4x50 medley relay	02:40,70	Hedda H. Ugland, Erika Sjølvberg, Jenny Randem, Silje Haugerud	26.04.2014	NM 2014, Kristiansand
	4x50 obstacle relay				
	Nordisk	01:55,56	Nora B. Ingeberg, Helene Østmo, Ida Hovind Grøv	26.03.2017	NM 2017, Moss
	Line throw 12,5m	00:14,98	Ida Emilie Foss, Alma Bakken Thomassen	25.03.2017	NM 2017, Moss

Junior	4x25 manikin relay	01:47,32	Ida Foss, Ine Kristin Aasum, Ida Lillebo Sletten, Helene Marie Østmoe	11.09.2018	EM Jr 2018, Limerick
	4x50 medley relay	01:58,27	Ane L. Sletten, Elisabeth H. Solberg, Maria C. Johnsen, Marion Bårdli	07.09.2013	EM Jr 2013, Riccione
	4x50 obstacle relay	02:12,06	Ida Foss, Ine Kristin Aasum, Ida Lillebo Sletten, Helene Marie Østmoe	11.09.2018	EM Jr 2018, Limerick
	Nordisk	01:48,70	Maria C. Johnsen, Marion Bårdli, Carina Bårdli		NM 2012, Steinkjer
	Line throw 12,5m	00:12,92	Linnea Melander Kletvang, Kristine Knutsen	10.09.2016	EM jr 2016, Eindhoven

Åpen	4x25 manikin relay	01:42,43	Ane L. Sletten, Mia L. Sletten, Christine Elvestad Olsen, Mia Louise Gjermundsen	03.08.2015	Rescue 2014, Montpellier
	4x50 medley relay	01:51,84	Mia Louise Gjermundsen, Christine E. Olsen Renate Knutsen, Elisabeth H. Solberg	18.09.2014	Rescue 2014, Montpellier
	4x50 obstacle relay	02:07,33	Mia Louise Gjermundsen, Ellen Magnussen, Silje B. Tronsmoen, Maria C. Johnsen	17.09.2014	Rescue 2012, Adelaide
	Nordisk	01:41,90	Mix		WC 1992
	Line throw 12,5m	00:12,92	Linnea Melander Kletvang, Kristine Knutsen	10.09.2016	EM jr 2016, Eindhoven

Utgått øvelse

Yngre junior	Line throw 12m	00:20,90	Sara Jørgensen, Marte Oliveren	26.04.2014	NM 2014, Kristiansand
Junior	Line throw 12m	00:13,50	Mari S. Johansen, Karoline Sjøilen	26.04.2014	NM 2014, Kristiansand
Åpen	Linethrow 12m	00:12,53	Maria C. Johnsen, Ellen Magnussen	01.11.2012	Rescue 2012, Adelaide

Norgesrekorder langbane, lag herrer

Klasse	Øvelse	Tid	Navn	Dato	Konkurranse
Yngre junior	4x25 manikin relay	02:09,80	Celestin Alfonso, Jonas Lotterud, Linnea M. Kletvang, Viktor Johnsrud	27.04.2014	NM 2014, Kristiansand
	4x50 medley relay	02:02,50	Jonas Molander, Linnea M. Kletvang, Jonas Lotterud, Celestin Alfonso	26.04.2014	NM 2014, Kristiansand
	4x50 obstacle relay				
	Nordisk	01:40,30	Mats Kamnes, Linnea M. Kletvang, Tobias Rosenberg-Hansen	01.11.2015	Sandbekken 2015
	Line throw 12,5m	00:11,70	Jonnah Haug Vandenhove, Rina Øvergaard	10.11.2018	Sandbekken 2018

Junior	4x25 manikin relay	01:27,98	Stian Andre Elvenes, Mats Kamnes, Ole Christian Gandrud, Daniel Gabrielsen	25.09.2015	EM Jr 2015, Torrevieja
	4x50 medley relay	01:43,44	Mats Kamnes, Stian Elvenes, Daniel Gabrielsen, Celestin Alfonso	25.09.2015	EM Jr 2015, Torrevieja
	4x50 obstacle relay	01:58,55	Stian Andre Elvenes, Mats Kamnes, Ole Christian Gandrud, Daniel Gabrielsen	24.09.2015	EM Jr 2015, Torrevieja
	Nordisk	01:32,00	Celestin Alfonso, Mats Kamnes, Tobias Rosenberg-Hansen	26.03.2017	NM 2017, Moss
	Line throw 12,5m	00:10,89	Tobias Rosenberg-Hansen, Matias Kildal	11.09.2018	EM Jr 2018, Limerick

Åpen	4x25 manikin relay	01:22,05	Gard Øvergaard, Andreas Boye Hansen, Stian Andre Elvenes, Andreas Nyke Fagernes	03.08.2015	EM 2015, Wales
	4x50 medley relay	01:40,09	Remi Ingebrigtsen, Stian S. Nilsson, Gard Øvergaard, Andreas Boye Hansen	01.08.2013	EM 2013, Nederland
	4x50 obstacle relay	01:52,57	Robin Palm, Martin Robertsen, Stian S. Nilsson, Remi Ingebrigtsen	01.11.2012	Rescue 2012, Adelaide
	Nordisk	01:22,70	Robin Palm, Martin Robertsen, Remi Ingebrigtsen		NM 2011, Moss
	Line throw 12,5m	00:10,28	Gard Øvergaard og August Henriksen	05.05.2018	Brita Memorial 2018

Utgått øvelse

Yngre junior	Linnet hrow 12m	00:13,70	Celestin Alfonso, Jonas Lotterud	26.04.2014	NM 2014, Kristiansand
Junior	Line throw 12m	00:10,10	Gard Øvergaard, Kristian B. Hansen	02.11.1014	Sandbekken 2014
Åpen	Line throw 12m	00:09,60	Remi Ingebrigtsen, Stian S. Nilsson	26.04.2014	NM 2014, Kristiansand